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## Le Mood attracts a rainbow of Montreal Jewish life

Features & Columns

By ANDREW PRINCZ, Special to The CJN

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Monday, 04 July 2011

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**MONTREAL** — It was about Kabbalah-infused yoga, explorations of Jews and money, the Jewish vote in the recent elections, and an exploration of Jewish life in Poland – with and without Jews.

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### Audi Gozlan leads a Kabbalah Yoga at Le Mood: The Alternative Jewish Festival.

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There was a session with a true-to-life therapist delving into identity dubbed “Jews on the couch”, and another exploring the relationship between Jews and pork.

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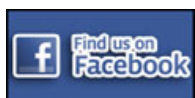
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Canadian Jewish News

TheCJN

New youth director

and new rabbi of #Bayt, both brought to Toronto for congregational renewal  
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Checked in to Bayt in Thornhill for it's new Rabbi Daniel Korobkin's meet and greet with young families  
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Working on annual Toronto day school tuition story. Parental input welcome.  
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**Jerusalem, IL**

**Current Weather**

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A few clouds

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 **19°C**  
Clear

Jerusalem

city name

The Mile End Chavurah community’s spiritual voice Rachel Kronick, herself a resident in psychiatry, held an ‘on the couch’ session on Jewish identity issues. Several members of the Chavurah presented sessions including Tamara Kramer, host of CKUT radio’s Shtetl on the Shortwave, who attracted a full audience for her presentation “Loaded: Jews and Money,” a discussion of stereotypes about rich Jews.

Cultural anthropologist Erica Lehrer of Concordia took visitors to Jewish Poland, where both Jews and non-Jews are “engaged in the work of reinventing history, heritage, culture and community.”

Filmmaker Amy Beth Oppenheimer Skyped in from Arizona, engaging audiences with an interactive discussion before screening her film Faces of Israel: Religious Pluralism, the Chief Rabbinate and Civil Liberties in Israel Today, on the complex intersection of religion and politics in the Jewish state. Lawyer and teacher Michael Soberman led a spirited dialogue on “What does Israel stand for?” tracing the contemporary political realities to the text of Israel’s declaration of independence.

Some participants even got on their knees and participated in a yoga session led by Kabbalah Yoga founder Audi Gozlan and Lisa Shalom. “I have never been to this kind of event in the Jewish community,” said Pinsky. “You feel as if you are a part of the community, and you could feel so proud of being Jewish, and being able to talk about anything.”

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